

# SAFETY + FIRE CONSULTANTS

## COURSES AVAILABLE

### DESIGNATED TRAINING TOPICS

#### **30-HOUR GENERAL INDUSTRY OUTREACH TRAINING PROGRAM**

The 30-hour General Industry Outreach Training Program is intended to provide a variety of training to people with some safety responsibility. Workers must receive additional training on hazards specific to their job. Training should emphasize hazard identification, avoidance, control and prevention, not OSHA standards. Instructional time must be a minimum of 30 hours.

Breakdown of topics as follows:

- **Mandatory - 11 hours:** Seven topics to be taught, ranging from one to two hours each
- **Elective - 10 hours:** Choose at least five of these topics to teach, for a minimum of one-half hour each
- **Optional - 9 hours:** Teach any other general industry hazards or policies and/or expand on the mandatory or elective topics, minimum of one-half hour each

### 30- HOUR MANDATORY COURSE TOPICS

Introduction to OSHA - at least Two Hours

- OSH Act, General Duty Clause, Employer and Employee Rights and Responsibilities, Whistleblower Rights, Recordkeeping basics
- Inspections, Citations, and Penalties
- General Safety and Health Provisions, Competent Person, Subpart C
- Value of Safety and Health
- OSHA Website, OSHA 800 number and available resources

**Walking and Working Surfaces - including fall protection**, Subpart D - at least One Hour  
**Exit Routes, Emergency Action Plans, Fire Prevention Plans, and Fire Protection**, Subparts E & L - at least Two Hours

**Electrical**, Subpart S - at least Two Hours

**Personal Protective Equipment (PPE)**, Subpart I - at least One Hour

**Materials Handling**, Subpart N - at least Two Hours

**Hazard Communication**, Subpart Z - at least One Hour

### ELECTIVES

#### 30-HOUR ELECTIVE COURSE TOPICS

Choose at least 5 of the following topics - Must add up to at least 10 hours

- Hazardous Material (Flammable and Combustible Liquids, Spray Finishing, Compressed Gases, Dipping and Coating Operations), Subpart H
- Permit-Required Confined Spaces, Subpart J
- Lockout/Tagout, Subpart J

- Machine Guarding, Subpart O
- Welding, Cutting, and Brazing, Subpart Q
- Introduction to Industrial Hygiene, Subpart Z
- Bloodborne Pathogens, Subpart Z
- Ergonomics
- Fall Protection
- Safety and Health Programs
- Powered Industrial Vehicles